

# My life in a day as a...

What's a typical day for a charity worker in Africa, or a modern mum in Southampton? How does a South African businesswoman find England and what helps the day pass if you are caring for elderly parents?

Like to hear more? Come and join us for Brunch on Saturday  
**4<sup>th</sup> July 9.30am.**

W2W, Central Hall, St Mary's St, Southampton SO14 1NF. Donations invited to cover costs. Please phone 02380 237700 or email [Jo-Ann@woman-2-woman.org.uk](mailto:Jo-Ann@woman-2-woman.org.uk) to book a place.